

# Sayeed Ahmad

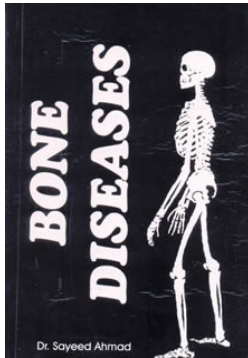
## Bone disease

Reading excerpt

[Bone disease](#)

of [Sayeed Ahmad](#)

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## **BONE DISEASES**

BONE is the hardest form of connective tissue that constitutes the majority of the skeletal system. It consists of an organic component (cells and matrix) and an inorganic or mineral component.

The matrix contains a network of collagen fibres and is impregnated with the mineral component, chiefly calcium phosphate (85 per cent) and calcium carbonate (10 %). This imparts rigidity to the bone.

Bone consists of two kinds of tissues i.e. compact tissue and cancellous tissue.

Compact bone tissue is hard and dense; it is found in flat bones, in the shafts of the long bones, and as a thin covering over all the bones.

Cancellous bone tissue is spongy in structure. It is found principally at the ends of the long bones, in the short bones, and as a layer between two layers of compact bone tissue in the flat bones such as the scapula, cranium, sternum and ribs.

Bone develops either from cartilage or in a membrane of connective tissue fibres.

The flat bones ossify in membrane and are called 'membrane bones' and the long bones in cartilage, called 'cartilage bones'.

Two types of bone cells are involved in building - of bones, 'Osteoblasts' which build bone, and 'Osteoclasts' which destroy bone.

## HOMOEOPATHIC TREATMENT

### BONES, ACHING :

- Aching of all joints and bones, with tearing and bruised pains. It affects all the cartilages. Arg. m.
- Cramp-like acute aching (drawing) pains in the carpus and metacarpus. Aching (drawing) pains and acute pullings, with paralytic weakness, in the bones and the joints of the toes. Aur.
- Drawings (aching) pains, as if from knives, in the bones of the spine. Pressure, with sharp (aching) pains in the carpal and metacarpal bones. Bell,
- During and after walking, feels as if a tendon was drawing (aching) from the sole of the right foot through the bone of the leg. Crot-h.

## BONES, PERIOSTEUM :

- Aching (intermittent). Arn.
- Acts upon. Colch.
- Affected. Aur-m., Chin.,  
Kali-i., Nit-ac

Drawing pain. Mur-ac.

Drawing pain, before chill. Arn.

Drawing, with heat in Merc-c.  
head (Osteomyelitis).

Drawing, pressing, where Cycl.,  
skin covers bones.

Rheumatic drawing, of Cann-s.  
long bones.

Drawing tearing, worse at Rhod.  
night, in wet stormy  
weather and rest, better in  
motion, worse in forearms  
and lower legs.

Indurations after cellulitis, Aur-m-n.  
on lower jaw.

Injuries. Ruta.

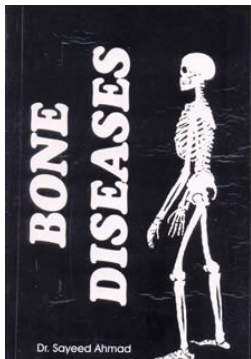
piece of sequestrum, so necessary for the cure of scrofulous diseases of the bones. In many forms of caries, necrosis and in enchondroma of the bones, Grauvogl recommends it as a popular and very effective remedy. The efficacy of hay-baths depends on the presence of Silicea, which has been found as a chemical constituent in a state of solution in hay-baths—three drams of hay containing about one-half grain of Silicea. The use of this local measure in diseases of the bone is apparent.

**CALCAREA SULPH.** : Ulceration of bone. Craniotabes.

**CALCAREA FLUOR.** :Hard, rough, corrugated elevations on the surface of the bones. Useful in cephal-haematoma (so-called blood-tumour), on the parietal bones of new born infants. Bruises of bones. Exostoses after injuries. Diseases of bones; caries leading to formation of pelvic abscesses. Affections of the nasal bones, causing bad odour to disappear. Nodes and hard bone swellings. Caries is consequence of syphilis or abuse of mercury. Spina ventosa, osteo-sarcoma. Malnutrition of bones, especially the teeth. Osseous growths, especially in the carpal and tarsal articulations. Suppuration of bones. Dental caries, caries of alveolar processes with loosening of teeth.

**MAGNESIA PHOS** :Spina ventosa alternately with Calc.Flour.

**NATRUM SULPH.** :Sycosis. Pain in bones, cracking of joints, knee stiff.



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