

# Sudha Banerjee

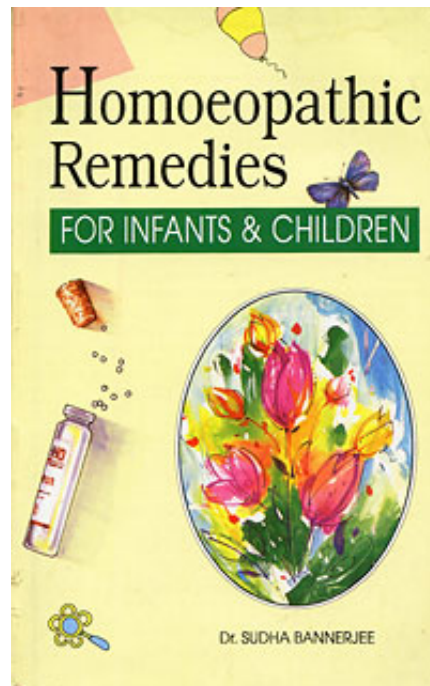
## Homoeopathic Remedies for Infants & Children

Reading excerpt

[Homoeopathic Remedies for Infants & Children](#)

of [Sudha Banerjee](#)

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# Preface

*Homoeopathic Remedies for Infants and Children* is basically designed as a ready reference and a self-help book for the use of families and laypersons.

The various ailments that affect a child are described in alphabetical format, along with their homoeopathic treatment, preventive aspect, and general management.

From infancy or babyhood (upto one year) to puberty or childhood, a child is like a bud, free from all pollution, provided his biological environment has not been contaminated during intrauterine life with toxic drugs, alcohol, or tobacco originating from the mother. Therefore, it is essential to guard both the physical and mental health of the mother during pregnancy, if one wishes to have a healthy child.

There are various disabilities from which the mother may suffer during pregnancy. These can have an adverse effect on the unborn infant. On the physical plane, there are conditions like excessive vomiting, diarrhoea, Rubella or German measles, and deficiency disorders, while on the mental and emotional plane, conditions like depression, morbid fears, sleeplessness can trouble the mother. Homoeopathy has much to offer for such conditions.

Apart from the ill health of a pregnant woman affecting the baby, hereditary factors play a major role in the transmitting of diseases, malformations, and latent tendencies from parents to children. The diseases are sometimes irreversible. In fact all the factors inherited

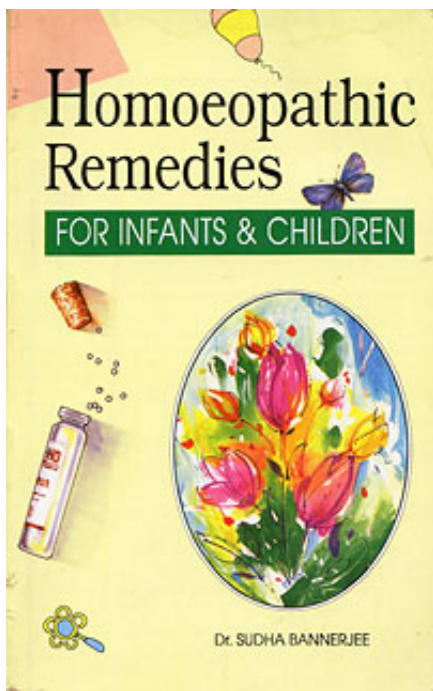
from the parents shape the child's individuality and type of constitution. Lion Vannier, a renowned homoeopath, has rightly said that the constitution is 'what is'. Homoeopathy takes into consideration the constitution of an individual, and suggests treatment to cater to individual needs.

To illustrate: if two children in a family are down with influenza, it may not be necessary that they will both require the same medicine. One may need Belladonna and the other one may require Aconite, whereas, in the allopathic system of medicine, it would be usual to prescribe only aspirin in both cases. In homoeopathy, however, both will require different medicines because even with the same ailment, the signs and symptoms noted in the youngsters will differ according to their condition and temperament. In one case the temperature may rise high, accompanied by a dry skin and burning, and the bout of flu may give rise to anxiety. All these symptoms will point to Aconite as the remedy. While in the other child of the same family, the temperature could be comparatively lower but accompanied by a great deal of sweating and a state of torpor. These symptoms will lead to Belladonna as a remedy.

For various minor complaints and small everyday illnesses, the parent will find suitable remedies right through the book. However, there are certain specified ailments or certain stages of ailments where treatment by a qualified homoeopath or doctor is necessary. The reader has also been enlightened about the limitations of homoeopathy.

I would also like to express my indebtedness to my seniors and those who have guided me in my professional life. To them, I offer this work as a humble contribution towards the evergrowing annals of homoeopathic literature.

**Dr Sudha Bannerjee**



Sudha Banerjee

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