

Roger Morrison

Desktop Guide to Keynotes and Confirmatory Symptoms

Reading excerpt

[Desktop Guide to Keynotes and Confirmatory Symptoms](#)
of [Roger Morrison](#)

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KALI CARBONICUM

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Kali Carbonicum is one of the deepest acting and most fundamental of all our remedies. It is one of our most important remedies in the treatment of arthritis, catarrhs of the respiratory tract, asthma, peptic ulcers, and even malignancies.

The Kali Carbonicum patient can broadly be described as compulsive - rigidly adhering to a code of ethics and rules. It is very difficult for the patient to express feelings and he exercises strong control over his emotions. Duty is one of the most important concepts for the Kali Carbonicum constitutional type. He will not park in a yellow zone. He will always return to a shop to give back change if he was given too much. He sees things in black and white. The patient is often very stoical. He neither complains about (nor notices) the stress he is under until the situation is very severe indeed. Things outside his control are very upsetting. We may find fear of the dark (unseen), of ghosts (the immaterial), the future, but mainly fear of diseases especially that disease is about to appear (impending). Often the patient feels the fear somatically, especially in the solar plexus. It is noteworthy that in Kali Carbonicum the pathology does not progress to either depression or confusion or deeper mental states. Instead the pathology is confined mainly to the physical body.

MENTALS

- * Conservative, loyal, moral, proper people.
- * Rigid, unable to break even a trivial rule.
- Dogmatic. Dislikes change.
- Fear: Impending disease. Being alone. Dark. Ghosts.
- Anxiety and worry. Anxiety often felt in epigastrium.
- Starting easily, from noises, etc. Irritable. Urge to quarrel.
- Aversion to being touched.

GENERALS

- Chilly, worse from cold.
- * Intolerant of drafts, aggravated by drafts.
- May have aggravation from heat, especially during the acutes.
- General aggravation from cold drinks when over-heated (Bell-P).
- Generally worse from coition (weak, dim vision, depressed).
- * Generally worse 2 to 4 AM.
- Stitching pains (Bry, Nit-Ac, Hep).
- Chills around 5 to 6 PM.
- Appearance: Stout or obese. Conservative dress - men still combing hair with a "flip" in the front. Sits rigidly during interview.

HEAD

Headaches, especially sinus headaches.
* Swelling of the eyelids, upper or lower; ptosis.
Bag-like swelling of the upper lid near to the inner corner.
Marked edema of the conjunctiva, especially allergic variety.
Falling of hair from eyebrows.
Chronic, thick nasal catarrh. Sinusitis.
Tinnitus.

THROAT

Pharyngitis with stitching pain in the throat.
Sore throat, worse from cold drafts, worse becoming cold, worse from empty swallowing.
Difficult swallowing.

GASTROINTESTINAL

Desires sweets.
* Anxiety or bruised feeling in the epigastrium.
Dread or nausea in epigastrium from emotional excitement.
Peptic ulcer. Gastritis.
Stomach pains from cold drinks while over-heated. Painful hemorrhoids, burning and stitching, worse at night.
Constipation, especially before or during menses. Vomiting or gagging from the cough.

UROGENITAL

Menses acrid, excoriating. Delayed or absent menses.
Metrorrhagia. Fibroid tumors of uterus.
Delayed labor with intense back pains. Miscarriages.
Kidney stones with stitching pains.
Prostatitis.
Renal failure with swelling, even anasarca, most noted about eyes.

CHEST

» Asthma, worse 2 to 4 AM or at 3 AM.
Difficult respiration, worse lying flat, * better sitting upright, better leaning bent forward with elbows resting on the knees, better lying propped-up.
Stitching, tearing pains which wander about the chest.
Angina pectoris. Congestive heart failure. Palpitations with flushes of heat and dyspnea.
Cold sensation in the chest.
Swelling of breasts.

KALI CARBOMCUM

COUGH

Spasmodic cough, tickling in the throat.
Cough, worse night especially 2 to 4 AM, worse morning on waking.
Cough with thick, purulent sputum with a cheesy taste.
Whooping-cough. Bronchitis.
Pneumonia, often left-sided, but also right lower lobe.
Pneumonia in children, shriek with sharp, stitching pains on inspiring, can't eat or drink, can't sleep.

BACK

Low back pain. Sciatica especially right-sided.
*Back pain drives him out of bed at night, must rise in order to turn over, worse menses, sitting, walking, better pressure.
Curvature of spine.

EXTREMITIES

Deforming arthritis. Joint pains, worse cold and cold damp.
Sensitive soles of feet.

SLEEP

*Waking at night, especially 2 to 4 AM.
Wakes 4 hours after falling asleep.
Sleeplessness without cause, "Simply can't let go."
Jerks or twitches on falling asleep, or in sleep.
Talking in sleep. Starting up in sleep.

CLINICAL

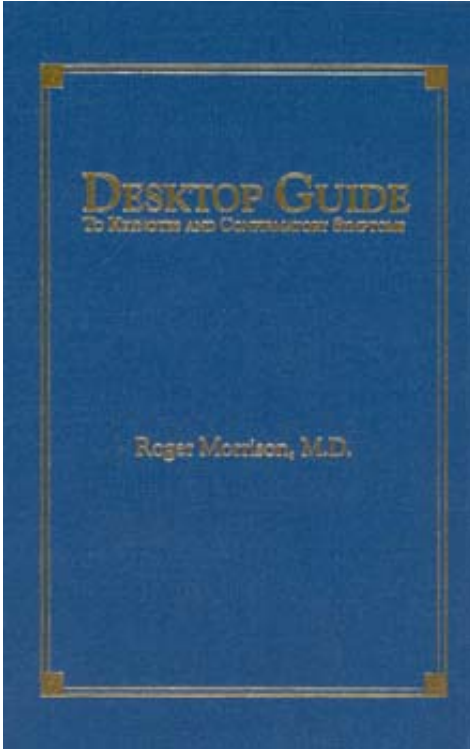
Allergy. Anemia. Angina. Arthritis. Asthma. Cholelithiasis.
Congestive heart failure. Connective tissue diseases. Headache.
Hypertension. Insomnia. Kidney stones. Low back pain. Migraine.
Peptic ulcer. Pertussis. Pneumonia. Prostatic hypertrophy.
Psoriasis. Sciatica. Scleroderma. Sinusitis. Uterine fibroid.

COMPLEMENTARY

Phos. Nux-V. Carb-V.

COMPARISONS

Calc - Chilly and worse cold and cold damp, stout, practical people, anxiety, takes on responsibilities and duties, crave sweets, arthritis, cold feet, formation of stones and calcifications.
Ars - Proper and anxious patients, chilly, difficult respiration better sitting upright, insomnia, peptic ulcers, swollen lids.
Sil. Kali-Bi. Dulc. Nat-M.



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