

D.S. Vohra

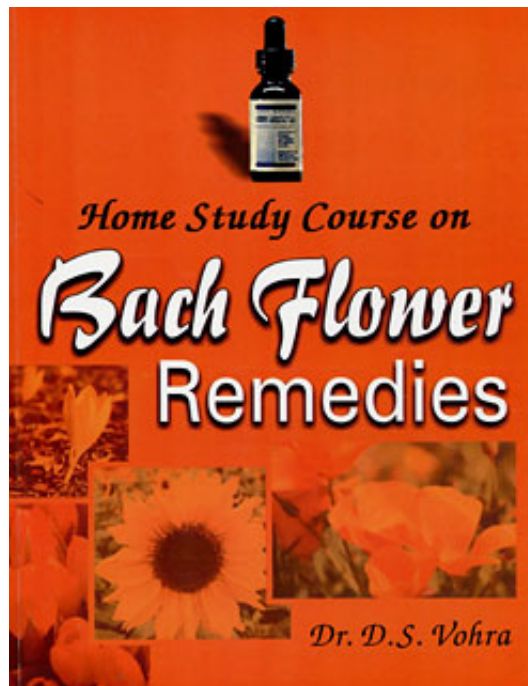
Home Study Course on Bach Flower Remedies

Reading excerpt

[Home Study Course on Bach Flower Remedies](#)

of [D.S. Vohra](#)

Publisher: B. Jain



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LESSON NO. 7

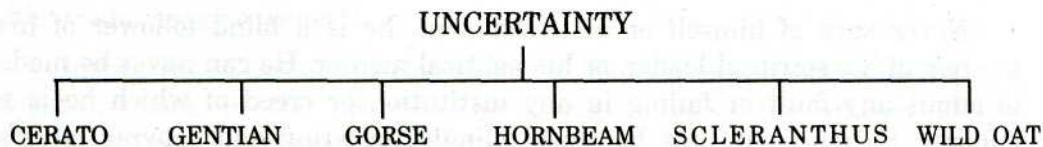
INDECISIVENESS - Its Six Forms

Uncertainty and indecisiveness are incompatible with the present fast moving computer age.

Modern challenges call for split second decisions and those who vascillate in taking the right step at the right moment are left far behind by their competitors in their race for progress. Whereas it is a bane in the day to day life of an individual it may spell disaster to the whole community if it is headed by an indecisive leader - An indecisive Army Commander in the battle field may lose the war if he is incapable of taking emergent decisions in time and an indecisive Food Minister may cause famine in the country by dilly dallying his decision to import the food grains at the proper time.

Indecisiveness has many ramifications. Fortunately for man, Mother Nature has provided, within his easy reach such herbs on earth which can cure each type of his indecisiveness.

There are six types of indecisiveness which assail man.



CERATO: The keynote of this type is self-distrust. Cerato is a very peculiar type of indecisiveness. It is an indecisiveness in choosing between the various suggestions and options given by different people for his personal problems.

Not that he is incapable of finding the right decision himself. More often than not he himself is quite capable of taking the right decision.

But his stars have so deflected his personality that he does not trust his own judgement and wants to be guided by other's opinions. He may be aptly called 'The Wise Fool'

He is quite intelligent and capable of taking sound decisions himself, but because of lack of trust in his own decision he is always seen seeking advice from others. This foolishness sometimes costs him dearly, when due to the wrong advice received from elsewhere he does something which brings harm to his interest, then he regrets, especially so, when he recollects that his own decision (which he did not trust) was right. In seeking advice from different persons, he often gets conflicting views which cause much confusion in his mind thus disturbing his peace and making him unhappy.

It is in his very nature to ask questions, seeking advice from others in his personal problems. His persistent questioning bores other people and they shun his society.

It is very unfortunate, but the negative Cerato Type even does not trust his personal experience, and instead trusts the tell tale stories of others. Thus, for example, if he knows from his personal past experience that eating onions upsets his stomach, he would eat onions if somebody told him that onion is very good for health.

If he is benefiting from the treatment of a doctor, and a friend suggests the name of another doctor who has a very high reputation, the Cerato patient leaves a tried doctor to go to another doctor, whom he does not know. If somebody tells him that allopathy has very bad after-effects, he would leave allopathic treatment and go in for homoeopathic treatment and before the Homoeopathic medicine has even shown its effect, he might shift to acupuncture or chromopathy on the advice of somebody.

Never sure of himself or his judgement, he is a blind follower of his teacher, of his spiritual leader, or his political mentor. He can never be made to admit any fault or failing in any institution or creed of which he is a follower. So much so, that he starts blindly imitating and copying other's way of gestures, talking and mannerisms.

With Cerato remedy, the constitution of the person can be so changed that he feels his inner voice growing stronger again, and the vast knowledge that he hoarded during his negative state (from asking questions and seeking advice) is at his finger tips for instant use to make rapid decisions, diagnosis, interpretations and co-relations.

This is the positive side of Cerato with an attitude of quiet certainty so that no argument, however convincing will deflect from a decision one has taken after full consideration.

The origin of Negative Cerato state may be traced to the early days of school life when the curriculum was too demanding; suppressing development of intuition in young children.

GENTIAN: is the name of the herb which removes doubt, uncertainty and depression from the mind of the patient.

The peculiarity about this uncertainty is that the patient has always doubt and uncertainty about anything that looks good.

Just as a jaundiced eye sees yellow in everything the Gentian types looks for darkness even when the sun shines.

If his health is improving he doubts if it would go on improving. If his business is picking up he remains uncertain of better future.

His planets have so deviated his personality that he is never certain of anything good happening to him. Even at the best of times, uncertainty of future dogs him.

He remains out and out a pessimist always calling "A half bottle empty", never seeing the same bottle "half full". Such people can never remain happy; they are, as if always looking for some excuse to be unhappy. Every little event upsets them and makes them unhappy. The Gentian person is a persistent doubter, who does not feel comfortable unless he finds something to worry about.

If the bus is a little late, he worries. If he cannot get immediate attention on a post-office counter, he feels upset. If he has to wait in queue at the doctor's clinic or in children's school, he feels depressed. In the doctor's clinic, even before the doctor has handed him the powders, he asks Doctor, will this medicine give relief?

During convalescence period under a doctor's treatment, if there is a slight set-back in the progress, he starts doubting the efficacy of the treatment and becomes disappointed.

If he comes across any obstacle in his way, he does not try to remove that obstacle and clear his way. He assumes the difficulty is insurmountable and stays back depressed and disappointed.

With all his troubles and disappointments, the negative Gentian person cannot be convinced that, the true cause of his misery lies within himself-

his doubts, his lack of faith, the severance of his connection with his Higher-Self.

GENTIAN remedy given to persons in the negative state restores the connection with the Higher-Self, removes the energy block, and enables him to live with conflict, and see the difficulties without falling in despair over them. He can once more tread this earth with faith and confidence.

When children become nervous and despondent because of minor set backs in class and do not want to go back to school, Gentian will help them to overcome depression.

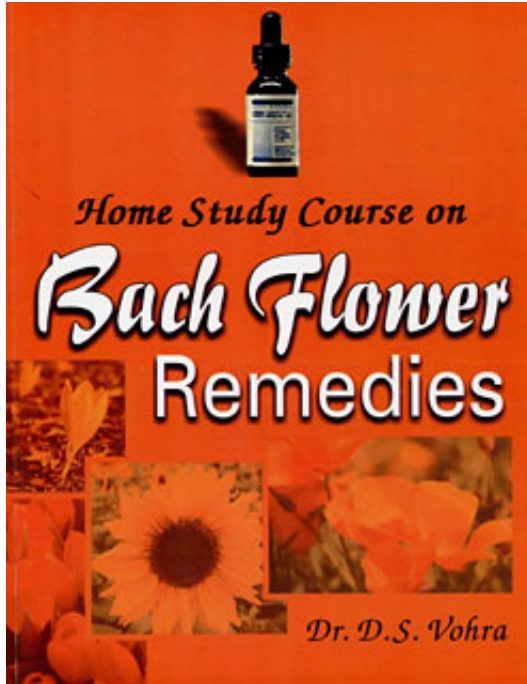
In any other case where depression is caused by a known cause i.e. death of dear friend, continued unemployment, children of divorced parents, loss of a pet, Gentian is found to immense help.

In the positive Gentian State, the person develops some such qualities:

- a) He accepts and faces the various challenges to life.
- b) He lives under the firm belief that if a person works sincerely and honestly, whatever the end result, it could never be termed as "failure".
- c) He believes that obstacles can be overcome.
- d) Even in the darkest moments of his life, he does not lose faith in his Higher Self, and is sure of receiving Providential guidance at the right moment.

GORSE: is the name of the herb which comes to the rescue of the person after he has crossed The Gentian State of doubt and uncertainty when his stars have so disturbed! his personality that he feels he has reached a hopeless condition-certainty of uncertainty, hopelessness beyond redemption, when he is convinced that he cannot be cured, and any effort towards that end would be futile. Whereas Hope is the main motivating force which leads man to pinnacle of success, hopelessness leads to inertness and defeatism in man ending in decadence of society.

Maybe, one has been driven to the stage of hopelessness by circumstances - a long and tortuous medical treatment has failed to relieve his trouble and the doctor has confessed that there is no treatment which can relieve him and he has to live with his troubles for the rest of his life. Perhaps, he has tried many specialists under different systems of treatment, and has got no relief or temporary relief, and has now lost hope and stays



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140 pages, pb
publication 2007



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