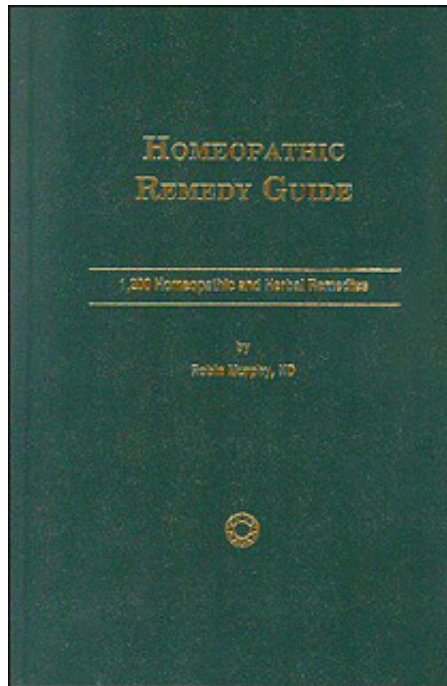


Robin Murphy Homeopathic Remedy Guide

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BELLADONNA

(Deadly Nightshade)

PHARMACY - Bell. Belladonna. *Atropa belladonna*. Deadly Nightshade. N. O. Solanaceae Greece, Italy, Britain. Tincture of whole plant when beginning to flower. *Historical dose* All potencies, first to thirtieth potency and higher. *Planets*: Mars, Sun, Moon. **HISTORY** - Belladonna acts primarily on the brain and the diversity of its action on men and animals. On goats and rabbits it has no poisonous action whatever. On carnivorous animal it acts with moderate intensity. On man it acts with highest intensity.

Cases of Belladonna poisoning have frequently been mistaken for cases of scarlatina. Bi it is the smooth form only, these presenting a smooth, even, red surface that come under its controlling action and prophylaxis. When such an epidemic is about, any one who may In exposed to infection may obtain almost certain immunity by taking Belladonna two or this times a day.

A striking picture of Bell, is sometimes seen in cases of worm-fever. A case of a pale feeble child aged 3 reported by Lutze had the following symptoms: Awakened or at least sits up at night in bed screaming, cannot be pacified, wets bed at night, passes worms noi and then, cheeks and ear-tips brilliant scarlet, other parts of face, especially round moBtk white as snow, eyes brilliant, staring, pupils dilated. Skin dry and hot like fire. On beta spoken to flew into a violent rage. Cina 200c had ameliorated. Belladonna 100,000c curd permanently.

Corresponds to the symptoms of "*air-sickness*" in aviators. Give as preventive. Belladonna has cured a very severe headache in a nervous man occurring whenever he was exposed to tobacco smoke.

HOMEOPATHIC - Belladonna acts upon nerve centers producing twitching, convulsion and pain. Belladonna produces an active congestion, furious excitement, perverted special senses, twitching, convulsions and pain. It has a marked action on the vascular system, skill and glands.

Belladonna stands for *violence of attack and suddenness* of onset. Belladonna is often associated with *hot, red skin, flushed face, dilated pupils, throbbing carotids*, excited mental state, hyperesthesia of all senses, delirium, restless sleep, convulsive movements, dryness of mouth and throat with aversion to water, *neuralgic pains* that come and go suddenly. (Oxyt.)

Belladonna effects are sudden and violent. *Burning heat, bright redness and dryness* are very marked. Hot, body, part, discharges etc. Redness occurs in streaks, *severe neuralgia pain*, that comes and goes suddenly. *Fullness, congestion* especially to head and *swelling* are other characteristic features. *Pains are throbbing, sharp, cutting, shooting or* clawing! of maddening severity, coming and going in repeated attacks. Discharges are hot and scanty.

Bell, is a great children's remedy, as important than Cham. Complaints come suddenly,¹ hot, red face, semi-stupor, every little while starting or jumping in sleep as if it might go into convulsions.

Scarlet fever and also prophylactic. Epileptic spasms followed by nausea and vomiting. *Exophthalmic goiter*. No thirst. *Spasms, shocks, jerks and twitching, constrictions* occur in parts of the body like throat, vagina etc. or in whole body. Sensitive to *light, noise, jarring*.

Epileptic attacks are followed by nausea and vomiting. Spasms are followed by prolonged! unconsciousness. Throws the body forwards and backwards, chorea. Convulsions commence! in the arm. *Hydrophobia*. Exophthalmic goiter with extreme thyroid toxemia. Hemorrhages, hot. Heat in body, parts are hot, swollen and dry. Right sided symptoms.

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CLINICAL - Abscess, Acne. Air-sickness. Amaurosis. Bladder weakness. *Boils*. Brain disorders. Bronchial glands, disease. Carbuncle. Colic. Constipation. Convulsions. Cough. Croup. *Delirium*. Diarrhea. Dysentery. *Ear disorders*. *Epilepsy*. Erysipelas. *Eye disorders*. Glandular swellings. Goiter. Gout. Hemorrhoids. *Headaches*. Heart disorders. Hydrocephalus. *Hydrophobia*. Hyperemia. Influenza. Intestinal fever. Kidney disorders. Lung disorders. *Mania*. Measles. *Meningitis*. Menses. Mumps. *Otitis media*. Neuralgia. Nymphomania. Paralysis. Peritonitis. Phlegmasia alba dolens. Pleurisy. Pneumonia. Pregnancy, disorders. Puerperal mania. Rheumatism. *Rheumatic fever*. Roseola. *Scarlatina*. Sleep disorders. Strangury. Strokes. *Throat, sore*. Tongue disorders. *Tonsillitis*. Tuberculosis. Ulcers. Uterine disorders. Vaccinations. Vertigo. Whooping cough. Worm fever.

Causations - 111 effects of hair cutting, head getting wet. Sausages. Sunstroke. Walking in the wind or a draft.

Constitutions - It is suited to plethoric persons with red face and to conditions where there is local plethora, that is inflammatory states with pain, throbbing, shiny redness as in acute gout. Is suited to the bilious, lymphatic temperament. Light hair and complexion, blue eyes. It grows in dry limestone soils and is the acute correlative of Calc. Its influence is felt more in intelligent and plethoric persons who are jovial and entertaining when well, but violent when sick, therefore a great children's remedy. Hematoma.

Modalities - Better from light covering, bending backward, semi-erect, rest in bed, standing. Better from leaning head against something, Bending or turning the affected part. Worse from heat of sun, if heated, *drafts*, on head, haircut, washing head. Worse after taking cold, light, noise, jarring, *checked sweat* touch, company, pressure, motion, worse from hanging down affected part afternoon, lying down, looking at shining objects or running water. Worse afternoon, 3 p.m., 11 p.m., after midnight. Worse during the night and not day, morning. **MIND** - *Delirium*, frightful images, *furious*, rages, bites, strikes. *Desire to escape* or hide

himself. *Acuteness of all senses*. Changeable moods. *Hallucinations*, sees monsters, hideous faces. Biting, striking, tearing mania. Fear of imaginary things. Tendency to dance, laugh, sing, whistle. Constant moaning. Disinclined to talk. Excitable, easily weeps. Starts in fright at the approach of others. Spits on faces of other persons. Quarrelsome. Craving for snuff. Loss of consciousness.

Abdomen - Distended, hot worse touch of bed-clothes. Transverse colon distends and protrudes during abdominal colic. Cramp and colic, as if a hand has clutched some part. Tender, swollen. Pain as if clutched by a hand, worse jar, pressure. Cutting pain in epigastrium better bending backwards. Cutting pain across, stitches in left side of abdomen, when coughing, sneezing or touching it. Extreme sensitiveness to touch, bed-clothes, etc. (Lach.) Clawing pain around the navel. Bearing down in abdomen as if all the viscera would protrude through genitals. Pain in splenic region worse sneezing, coughing touch.

Back - Stiff neck and shoulder (right). *Swelling of glands of neck*. Back feels broken. Pain in nape, as if it would break. Pressure on dorsal region most painful. Lumbago with pain in hips and thighs.

Ears - Otitis media. Hot, sensitive and painful ears. Eardrum bulges and red. *Pain causes delirium*. *Child cries out in sleep*, throbbing and beating pain deep in ear, synchronous with heart beat. Tearing pain in middle and external ear. Humming noises. Parotid gland swollen. Sensitive to loud tones. Hearing very acute. Hematoma. Conditions of eustachian tube. Autophony, hearing one's voice in the ear. Noises in ears.

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Eyes - Pupils dilated. Throbbing deep in eyes on lying down. Eyes feel swollen and protruding, *Staring, brilliant*, conjunctiva red, *dry*, burn, photophobia, shooting in eyes *Photophobia*. Sees red flashes before vision. *Diplopia*, squinting, spasms of eyelids Triptopia. Sensation as if eyes were half closed. Eyelids swollen. Fundus congested! Attacks of blindness, then yellow vision. Moonlight blindness. Sensation as if eyes were half closed. Eyelids feel sore, congested and swollen. Exophthalmus. Lachrymationlika brine. Lines appear crooked when reading.

Face - Becomes pale and red alternately. Red, *bluish-red*, hot, swollen and shining Swelling of upper lip. Facial neuralgia with twitching muscles and flushed face! Spasmodic distortion of mouth (risus sardonius). Convulsive motions of muscles of face. Lower jaw, as if drawn backwards.

Female - Metritis. Rigidity of the os. Menses *increased, Bright red too early too profuse*. Dragging around loins. Cutting pain from hip to hip. Labor pains come and go suddenly or ceasing. *Menses and lochia very offensive and hot*. Badly smelling hemorrhages, houghes of blood. Violent *bearing down towards genitals*, as if everything would fall out better standing and sitting erect worse lying down. Dryness and heat of vagina. Pain in sacrum. *Mastitis* with throbbing, redness, streaks radiate from nipple. Breasts feel heavy, are hard and red. Tumors of breast, pain worse lying down. Useful in confinement of women who have their children late in life. Leucorrhoea with colic.

Food - Loss of appetite. Averse to meat and milk. Desire for lemonade or lemons (which agree). Distaste for meat, acids, coffee, milk, beer. *Great thirst for cold water*. Dread of drinking. Abhorrence of liquids.

Head - Meningitis. Sunstroke. Vascular headache. *Throbbing, hammering headache*, worse temples, worse motion, better letting hair down, laying the hand on head, bending head backwards. Much throbbing and heat. Palpitations that reverberate in the head with labored breathing. Pain, fullness, *especially in forehead*, also occiput and temples. Headache from suppressed catarrhal flow. Sensitive to least contact. Sudden outcries. *Pain worse light, noise, jar lying down and in afternoon*, better by pressure and sitting in a semi-erect posture. Hydrocephalus with boring of head in the pillows, head drawn backward and rolls from side to side. Headache worse on right side and when lying down from having hair cut. Head sensitive to drafts and cold or washing hair. Feeling in the brain like swashing of water. It rises and falls in waves. Cold sensation in head at the middle of the forehead. Pulls her hair. Hair splits is dry and comes out.

Heart - Throbbing in carotid and temporal arteries. Throbbing all through body. Violent palpitation, reverberating in head with labored breathing. Palpitation from least exertion. Dichrotism. Heart seemed too large. Rapid but weakened pulse. Pulse full, hard, tense. Bubbling at the region of the heart.

Kidneys - Retention of urine with paralysis of bladder. Acute urinary infections. Sensation of motion in bladder as of a worm. Bladder region is sensitive. Involuntary urination, on lying down or when standing or at night, when sleepy during day. Prostatic hypertrophy. *Frequent and prof use urination*. Urine scanty with *tenesmus, dark and turbid*, loaded with phosphates. Hematuria where no pathological condition can be found.

Limbs - Jerks or spasms in limbs. Shooting pains along limbs. Joints swollen, red, shining with red streaks radiating. Trembling of limbs. Weakness and tottering gait. Heaviness and paralytic feeling in limbs. Shifting rheumatic pains. Involuntary limping. Phlegmasia alba dolens. *Cold limbs*. Lies or sits with feet crossed, cannot uncross them.

Liver - Acute pain in liver region, extending to shoulder and neck worse lying on it.

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- Lungs** - Difficult, short quick respiration. Respiration oppressed, quick, unequal. Drying in nose, fauces, larynx and trachea. Cheyne-Stokes respiration (Cocaine, Op.) **Tickling, short, dry cough, worse at night.** Cough worse fine dust in air. Barking cough, whooping cough with pain in stomach before attack with expectoration of blood. Cough with pain in left hip. Stitches in chest when coughing. Child cries before cough. **Moaning at every breath.** Cough worse yawning. Larynx feels sore. **Larynx very painful,** feels as if a foreign body were in it with cough. Hoarse, loss of voice. Painless hoarseness. **High piping voice.** Asthma in hot damp weather.
- Male** - Testicles hard, drawn up inflamed. Nocturnal sweat of genitals. Flow of prostatic fluid. Desire diminished. Soft painless tumor on glans.
- Mouth** - Dry and hot. Hot breath. Tongue is red, hot, swollen and painful. **Strawberry tongue.** Edges of tongue red. Red streak in middle of tongue, wider at tip. Tongue hangs out of the mouth in children. Forepart of the tongue cold and dry. Chewing motions of the mouth as though chewing or sucking. Stammering speech. Lock-jaw.
- Nose** - Red and swollen. **Nosebleeds** with red face. Coryza, mucus mixed with blood. Tingling in tip of nose. Imaginary odors. Odor of tobacco intolerable.
- Rectum** - Stinging pain in rectum, spasmodic stricture. Hemorrhoids with back pain as if breaking, more sensitive with backache. Prolapsed anus. (Ign., Podo.) Involuntary stools. Stools are green, dysenteric or contain chalky lumps. Thin, green, dysenteric in lumps like chalk. Shuddering during stool.
- Skin** - **Bright, red,** glossy. **Alternate redness and paleness of the skin.** Dry and **hot,** swollen, sensitive, scarlet, smooth. Erythema, pustules on face. **Glands swollen, tender, red.** Acne rosacea. Intense dermatitis. Scarletina. Erysipelas. **Boils,** returning every spring. Indurations following inflammations. Suppurative wounds.
- Sleep** - Moans and tosses about in sleep. **Jerks during sleep.** Restless, crying out, gritting of teeth. Kept awake by pulsation of blood-vessels. Screams out in sleep. Sleeplessness with drowsiness.
- Sleep** - **Staring when closing the eyes of during sleep.** Frightful dreams of quarrels, fire, robbers, assassins. **Sees frightful visions on closing eyes.** Sleeps with hands under the head. (Ars., Plat.) Heavy sleep with hot skin.
- Stomach** - Pain in stomach extending to shoulder and throat worse pressure. Spasms of stomach. Constriction, pain runs to spine. Empty retching. Spasmodic pain in epigastrium. Spasmodic hiccough with sweat and convulsions. Nausea and vomiting. Uncontrollable vomiting. Vomits everything with paleness and weakness.
- Teeth** - Throbbing pain in teeth. **Grinding of teeth.** Gumboil. Toothache better biting.
- Temperature** - **High fever.** Delirium. **Hot head** with cold limbs. Feet icy cold. **Burning, pungent, steaming, heat.** Blood-vessels, distended. Perspiration dry only on head. **No thirst with fever.** Skin hot, but moist and dry alternately.
- Throat** - **Dry and hot.** Tonsils enlarged. Tonsillitis worse right side. Dry, as if glazed, angry-looking congestion (Gins.). **Redness, worse on right side.** Tonsils enlarged. Throat feels constricted. Swallowing difficult, worse liquids. Muscles of swallowing very sensitive. Drinks in sips. Must take a drink to swallow solid food. When swallowing, bends head forward and lifts up knees. Sensation of a lump. Esophagus is dry, feels contracted, **spasms** in throat. Urging to swallow with choking. Scraping sensation. Hypertrophy of mucous membrane. Clutches at during epilepsy.
- Vertigo** - Vertigo with falling to left side or backwards. Vertigo, worse stooping and rising from stooping.

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COMMENTS - An enormous number of the symptoms of Bell, are developed in and from the head and sensorium. Conformably with this, the pains of Bell, run downwards, i.e., away from the head. (Sil. and Gels, have a pain running up the back). To understand right the action and uses of this great medicine it is necessary to bear in mind some leading features which characterize its action in all parts of the organism.

The several points to be remembered about Belladonna are that it is a medicine which has great general sensitiveness and also sensitiveness of the special senses, sensitive to light to slightest noise to motion or jar as when some one touches the bed. This is one feature which renders Bell, so appropriate in hydrophobia.

It is a chilly medicine, sensitive to changes from warm to cold to drought of air to damp weather to chilling from having the head uncovered or having the hair cut, better from being wrapped up warmly in a room.

Under this remedy there is a remarkable quickness of sensation or of motion, the eyes snap and move quickly. The pains come and go suddenly no matter how long they may last. They are in great variety, but throbbing, burning and stabbing are very characteristic: "*stabbing from one temple to the other.*"

The great intensity and variety of the head pains has caused Bell, to be regarded as the headache medicine par excellence. Congestion of blood to the head. Vertigo, mostly at night on turning over in bed or when getting up in the morning, also when walking and on every change of position.

Headache with flushed face and brilliant eyes, dilated pupils. Feeling in brain like swashing of water. Throbbing, pulsating headache with beating arteries and violent palpitation of the heart.

In the mental sphere are mania, rage, disposition to bite, scratch and tear things. Fantastic illusions when closing eyes. Dull and sleepy, half asleep and half awake. Spasms and twitchings are very marked. Many disorders of vision.

Heat, redness and burning are three great characteristic notes of Bell, and are constantly cropping out in the pathogenesis. The face is purple, red and hot or yellow. Redness and pallor alternate. The mouth is exceedingly dry without thirst. Stinging in esophagus, worse swallowing or talking. Esophagus feels contracted. Sensation of a hand clutching intestines. Stool in lumps like chalk. Spasmodic contraction of anus, obstinate constipation. Bleeding hemorrhoids, back pains as if breaking. The menstrual flow is hot of light color or bad smell.

Cough short, dry, tickling, similar to cough of Rumex and Phos. Whooping cough with crying or pains before the attack, flushed face, nosebleed and bloody expectoration, sparks before eyes, stitches in spleen involuntary stool and urine. Paralysis of lungs and heart (vagus nerve). Violent palpitation of heart. Stitches in chest. Swellings of breast with bright red streaks radiating from center of inflammation. Rheumatism worse by motion. Sweat on covered parts only.

A very general characteristic of Bell, is worse on lying down. It refers to headache and all kinds of inflammatory disorders. Some characteristic symptoms are: "Tenderness of abdomen, worse by least jar. Pressing downward as if contents of abdomen would issue through vulva, worse mornings often associated with pain in back as if it would break." Starting, twitching or jumping in sleep. Moaning in sleep. "*Sleepy, but cannot sleep.*"

The characteristic skin of Bell is: "Uniform, smooth, shining, scarlet redness, so hot that it imparts a burning sensation to the hand of one who feels it. Sweat on covered parts only" is also a marked symptom of Bell.

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The almost absolute deafness in cases is noteworthy in connection with Dr. Cooper's cure of a very chronic case of deafness with single drop doses of Bell. Bell, is predominantly a right-side medicine: right side of head, right eye, right ear, right face, right teeth, right hypochondrium, right chest, right upper limb, right lower limb.

COMPARE - (1) Glon., Hyos., Stram. (2) Sanguisorba officinalis - Profuse, long-lasting menses, especially in nervous patients with congestive symptoms to head and limbs. Passive hemorrhages at menopausal. Chronic metritis. Hemorrhage from lungs. Varicose veins and ulcers. (3) Mandragora - A narcotic of the ancients. Restless excitability and bodily weakness. Desire for sleep. Anti-periodic properties like Chin, and Aranea. Useful in epilepsy and hydrophobia, also Cetonia. (4) Hyos. - less fever, more agitation, Stram. - more sensorial excitement, frenzy. (5) Hoitzia - A Mexican drug, similar in action to Bell. It useful in fever: scarlatinal eruption, measles, urticaria, etc. High fever with eruptive fevers. Dry mouth and throat, red face injected eyes, delirium.

RELATIONS - Calc. is often required after Bell. Antidotes to Belladonna: Camph, Coff., Op., Aeon. *Complementary*: Bor., Hep.j Merc., Nat-m. Calc. Especially in semi-chronic and constitutional diseases. *Incompatible*: Acet-ac.

SOURCES - Boericke. Clarke.

BELLIS PERENNIS

(Daisy)

PHARMACY - Bell-p. Bellis perennis. Daisy. N. O. Composite Tincture of whole fresh plant. *Historical dose*: Tincture and all potencies, mother tincture to 30c. For external use, 2 teaspoonfuls of the mother tincture are diluted in half a liter of water, for compresses. *Planets*: Mars, Saturn.

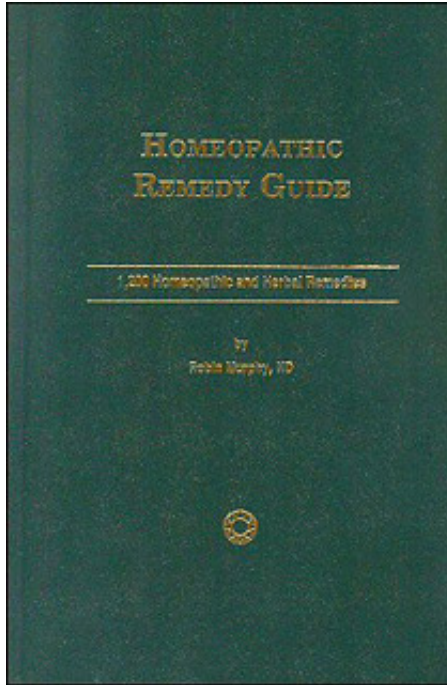
HERBAL - The old name of "*Wound-wort*" or "*Bruise-wort*," shows one of the main spheres of the action of Bellis and allies it in action with its fellow Composite, Arnica and Calendula. The daisy is a flower which is repeatedly trodden upon and always comes up smiling afterwards. Being the "*day's eye*" may be the sign of its too early waking propensities. Dr. Burnett is the chief authority for its homeopathic uses. "It acts very much like Arnica,

even to the production of erysipelas." He has cured with its aid several cases of tumors originating in a blow. "*Stasis*" and "*fatigue*" are the principal notes of the action. Exudations and swellings of many kinds. Fagged womb. Varicose veins. The giddiness of elderly people (cerebral stasis).

Burnett says "It is a princely remedy for old laborers, especially gardeners." Overworked old laborers and workmen, head sufferings of elderly working gardeners, commercial travelers, railway spine. Burnett has generally given it in the mother tincture.

HOMEOPATHIC - Bellis perennis acts upon the muscular fibers of the blood-vessels. Great muscular aches and soreness. Lameness of joints, as if sprained. Venous congestion, due to mechanical causes.

First remedy in *injuries to the deeper tissues* after major surgical work (Calen.). Results of injuries to nerves with intense soreness and intolerance of cold bathing. After gout, debility of limbs. Excellent remedy for *sprains and bruises*, (Am.). Near and remote *effects of blows*, falls, accidents, railway spine. It is useful in *deep trauma* or septic wounds to the internal organs after major surgical operations.



Robin Murphy

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